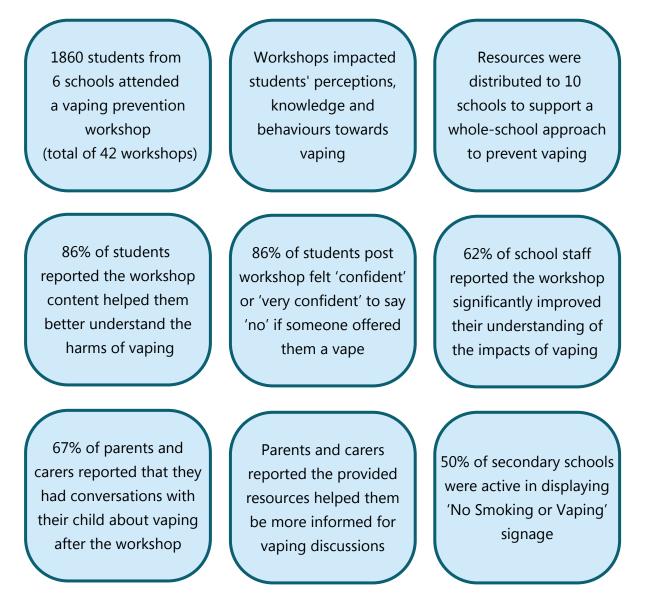
## Prevention of Vaping and E-Cigarette Use in Secondary Schools

## **Evaluation Summary**

The Prevention of Vaping and E-cigarette Use in Secondary Schools initiative was developed by the South Coast Prevention Team to combat the rising epidemic of vaping and e-cigarette use among young people. It was delivered in secondary schools in the Bass Coast and South Gippsland local government areas. Evaluation data was collected between March 2023 - June 2024 from students, school staff, workshop facilitators and parents and carers.

## A Snapshot of Key Evaluation Findings:



South Coast Prevention Team Working together with our community to achieve healthy lifestyles MONASH University

This evaluation was undertaken with support from Monash University The initiative was effective in several key areas;

- 1. Understanding Vaping Harms
- 2. Access to Factual Information
- 3. Awareness of Marketing Manipulation
- 4. Improved Student Self-Efficacy to Not Vape
- 5. Whole-School Approach to Prevent Vaping

## Here's What They Said:

It was important and expanded my knowledge (Male student, 13 years old)

> I learnt more about how they harm and am very sure now that I never want to vape (Female student, 14 years old)

It created dinner table conversation the night after the workshop (Parent) It provides expert information in a language they understand (Secondary teacher)

Little kids can see it and shouldn't be exposed to its influence of sweet smell, colour or second-hand smoke risk (Female student, 15 years old)

This is an issue of significant concern to my Year 8 student, who is distressed that her peers are vaping - she is horrified by it! I am glad that programs like yours are being implemented to assist those who are vaping to make a more informed choice (Parent)

Kids will choose to vape or not on social influences; some will choose not to because of this lesson (Secondary teacher)



South Coast Prevention Team



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